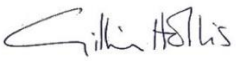
FROXFIELD
CE SCHOOL

Review Cycle:-	Every two years	Date of Next Review:-	May 2028
Approver:- Gilly Hollis Chair of Governors	Signed:-  Date:- 19/05/2026	Approver:- Vickie Farrow Head Teacher	Signed:- Date:- 19/05/2026

Sun Safety Policy

At Froxfield CE School we acknowledge the importance of sun protection and want staff and pupils to enjoy the summer months safely.

RATIONALE

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. There is enormous potential for schools to help prevent skin cancer in future generations.

Schools are central to protecting children's skin this is because:
• Children are at school five out of seven days a week at times when UV rays are high.
• Most damage due to sun exposure occurs during the school years.
• Schools can play a significant role in changing behaviours through role modelling and education.
• Without protection, children are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
• Children spend an average of 1.5 hours outside per school day, more if involved in sports and outdoor activities.
• Skin cancer is largely preventable through behaviour modification and sun protection during early years.

The main elements of this policy are:
• Education: learning about sun safety to increase knowledge and influence behaviour.
• Protection: providing an environment that enables pupils and staff to stay safe in the sun.

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EDUCATION

• At appropriate times during the year children will be reminded about 'How to be Sun Safe'.
• Parents and Guardians will be asked through letters/newsletters to support this policy by encouraging their children to apply sun cream, wear sun hat, drink plenty of water.
• Children will be encouraged to use the shaded areas of the school during playtimes.

PROTECTION

Adaptations to the curriculum:
• Teachers may alter the timings of outdoor activities to avoid the hottest part of the day.
• Trips and activities may be rescheduled or adapted as a result of extreme, hot temperatures.

Shade:
• When the sun is strong we will encourage pupils to sit/play in the shade.
• Where possible, outdoor activities will take place in the shade.

Clothing:
• The children will be encouraged to wear clothes that provide good sun protection.
• When outside in sunny weather, pupils are encouraged to wear hats that cover the ears, face and neck.
• When the sun is particularly strong, children may wish to bring sunglasses to wear when outside at playtimes.

Sunscreen:
• Parents should apply sunscreen (minimum SPF 30, with broad spectrum UVA protection) before arriving to school.
• Where children will be outside for longer periods than usual, (eg. Sports day or a school trip) we will encourage parents to send in a named bottle of sunscreen which children will be supported to apply.

Drinking Water:
• Children are encouraged to increase their water intake in hot weather and are encouraged to drink water during break times and lunch times. Every child should bring a water bottle to school every day.