FROXFIELD
CE SCHOOL

Review Cycle:-	Two yearly	Date of Next Review:-	February 2027
Approver:- Chair of Governors	Signed:- Date:- February 2025	Approver:- Head Teacher	Signed:- Date:- February 2025

Sex and Relationships Policy

Definition
Sex and Relationships Education (SRE) is lifelong learning about physical, moral and emotional development. It is about understanding the importance of stable and loving relationships, family, life, respect, love and care. The DfE 'Sex and Relationship Guidance' (2021) recommends that 'effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives.' The school has a key role, in partnership with parents, in providing SRE.

Purpose
- To deliver our SRE teaching in the context of our school Christian Values
- To provide a secure, sensitive, and caring framework where learning and discussion can take place through planned teaching opportunities as well as responding to remarks and situations as they arise
- To provide information which is easy to understand, relevant and appropriate for the needs, age and maturity of the pupils
- To encourage the use of correct vocabulary
- To develop respect and care for others
- To ensure that sex and relationships education is available to all children regardless of gender, ability, cultural or religious background in line with the school's policy on equal opportunities
- To keep parents fully informed of when and how our SRE teaching will be delivered to their children

Method of Achievement
In the Foundation Stage, Sex and Relationships Education is taught through the Areas of Learning for Personal, Social, and Emotional Development and Knowledge of the World. Children develop self-awareness, positive self-esteem, confidence and respect for each other. They develop awareness of their own bodies and gender differences.

At Key Stage One and Two, SRE is delivered through the PSHE framework and some aspects are also covered in the Science Curriculum.

In Key Stage One Science we teach children about how animals, including humans, move, feed, grow and reproduce, and we also teach them about the main external parts of the human body. The framework for PSHE and Citizenship deals with issues such as friendship, bullying and the building of self-esteem. The children learn to recognise and value the similarities and differences between people, and identify and share their feelings with each other. They learn to recognise an unsafe situation and identify, and to be able to talk to, someone they trust within the school environment.

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In Key Stage Two Science children build on their knowledge of life cycles and learn about the basic biology of human reproduction including the birth of a baby in year 6. Children are taught about the physical, emotional and social changes at puberty, which include personal hygiene. The framework for PSHE and Citizenship continues to develop an understanding of relationships within a family, between friends and the community and that there are different patterns of friendship. They will develop the skills needed to form relationships and to respect other people's emotions and feelings. They will consider how to make good choices and exercise some basic techniques for resisting pressures.
SRE should focus on the development of skills, attitudes and attributes not just the acquisition of knowledge.

Organisation

Teaching SRE will incorporate a number of methods including opportunities for discussion and questions, videos, case studies, drama and role play. It will be taught by class teachers and, where appropriate, visiting professionals such as a school nurse.

There are three main elements to our SRE programme:

Developing positive attitudes and values
- Learning the importance of values particularly the Christian values upon which the school vision and ethos are based
- Learning the value of family life, commitment (including marriage), stable and loving relationships within the context of diversity including same sex relationships and single parent families
- Respecting and caring for each other
- The ability to explore and understand moral dilemmas
- Sex Education is taught within the context of a stable, loving relationship

Extending personal and social skills
- Learning to manage emotions confidently and sensitively
- Developing self-respect and empathy for others
- Learning to make choices based on an understanding of difference and with an absence of prejudice
- Developing an appreciation of the consequences of choices made
- Managing conflict
- Learning to recognise and know how to deal with bullying (as an observer or victim)

Gaining knowledge and understanding
- Learning and understanding physical development and processes at appropriate stages
- Understanding human emotions and relationships

<u>Specific issues within SRE</u>

Parental Consent
The school includes the policy for Sex and Relationships Education on the website and full details of provision are available on request.
The school will inform parents in Year Five and Six when aspects of the programme will be taught and will provide opportunities for parents to view the videos and resources used.
All pupils have the opportunity to participate in SRE. However, parents have the right to withdraw their child from all or part of the SRE programme provided at school, but not from the biological aspects of human growth and reproduction provided under National Curriculum Science. Those parents wishing to exercise this right are invited in to see the Headteacher who will explore any concerns and discuss any impact that

withdrawal may have on the child.

Confidentiality
Sex and Relationships Education lessons are conducted in a sensitive manner and in confidence. Children's questions are answered as honestly and as fully as possible and staff will notify parents of any questions which arise that are outside the schemes of work for science and PSHE. However, if a child makes reference to anything which gives cause for concern (e.g. sexual abuse, illegal substance use) then the member of staff will take the matter seriously and deal with it as a matter of child protection.

This policy is underpinned by the School Vision statement and linked with policies for Child Protection, Safeguarding and Behaviour.

Conclusion
We believe that effective Sex and Relationships Education can make a significant contribution to the development of the personal skills needed by pupils if they are to establish and maintain relationships. It will help them to become confident and responsible young people and prepare them for adult life. It also enables young people to make responsible and informed decisions about their health and well-being.