

# Pre-School - Cluster Sheet

## Autumn Term 1

### 2023



4<sup>th</sup> September – 22<sup>nd</sup> October

#### What are we going to be learning?

This first half term, is all about settling and building confidence. Each area of provision is set up to provoke interest and invite the children to explore and experiment in order to build confidence.

#### How to support learning at home:

Create a morning and afternoon routine and be consistent. This helps children to feel confident, as they know what to expect. Talk about pre-school and be positive. When playing with your child, label emotions e.g. I can see you are feeling sad/happy/cross/worried, as it helps children to recognise their emotions.

#### Background Artist: Jackson Pollock



Our art area will be enhanced with resources that allow the children to experiment with paint in a variety of ways and on different scales e.g. painting on sheets in the garden, splatter painting with different types of brushes, hand/foot/finger painting etc.

Why not have a go at home? For more information, follow the link below:

<https://www.tate.org.uk/kids/make/make-jackson-pollock>

#### Focus Text: Ruby's Worry by Tom Percival

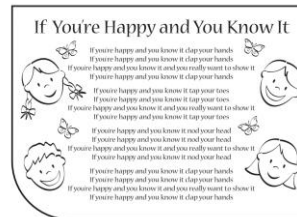


We shall use the story 'Ruby's Worry' as an introduction to feelings and emotions.

The story can be shared at home, by following the link below:

<https://m.youtube.com/watch?v=18E6R01AXqA>

#### Focus Rhyme: If You're Happy and You Know It.



#### Background Music: Autumn – The Four Seasons, Vivaldi



We shall be introducing the children to a range of music over the year. Each piece has been carefully chosen, so as to introduce the children to a range of styles.

As well as listening to the music, we shall encourage the children to explore how it makes them feel. Over the next few weeks, we shall be using ribbons and leaves to make the music come alive.

#### Other Information:

Some children are returning to pre-school and some are new to our setting. We would like to welcome our new families and also our returning families. We are excited to be back at pre-school and are looking forward to the term ahead.

Please do not hesitate to email Gillian or speak to a member of staff, if you have any questions or need support, we are always happy to help.

The first few weeks, will be spent getting to know your children and settling them into the pre-school routine. In pre-school, we work hard to support children in recognising their emotions, so that they are able to manage different feelings as they arise. We do this through, labelling each emotion at every given opportunity, by supporting children to work through any issues that might arise e.g. turn taking, by modelling what is expected, through using visual cues/sand timers and simple breathing techniques, including yoga and also by providing a calm area, where children can go - should they need a quiet space. I thought it would be of interest to share a link about children's emotions. It is called 'The Triune Brain'.

<https://www.youtube.com/watch?v=eVhWwciqaOE>

#### Events, trips, visitors to support this cluster of learning and any other notable dates:

Week beg 4/9	Week beg 11/9	Week beg 18/9	Week beg 25/9	Week beg 2/10	Week beg 9/10	Week beg 16/10
Monday – First day back	Monday	Monday	Monday – Forest School	Monday	Monday	Monday
Tuesday	Tuesday	Tuesday – Library	Tuesday	Tuesday – Library	Tuesday	Tuesday – Library
Wednesday	Wednesday – Forest School	Wednesday	Wednesday	Wednesday	Wednesday – Forest School	Wednesday – Harvest Festival Service
Thursday	Thursday	Thursday – Forest School	Thursday – Toddler Talk Parents Workshop	Thursday	Thursday	Thursday – Parents Meetings
Friday	Friday - Library	Friday	Friday - Library	Friday – Forest School	Friday - Library	Friday - Last day before Half Term